



Product Specifications

# TELERA BREAD 4 OZ

ITEM # 8000

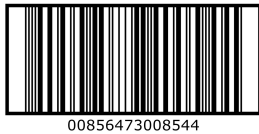
TRADITIONAL MEXICAN BREAD TYPICALLY USED FOR TORTAS  
(MEXICAN SANDWICHES)

## Nutrition Facts

<b>32 servings per container</b>	
<b>Serving size</b>	<b>113 g (4 oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>360</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 5g	<b>7%</b>
Saturated Fat 2g	<b>11%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>
<b>Total Carbohydrate</b> 66g	<b>24%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 4g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 4.3mg	<b>25%</b>
Potassium 130mg	<b>2%</b>
Folate 240mcg DFE (115mcg Folic Acid)	<b>60%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



 <b>UPC</b> 856473008537	 <b>GTIN</b> 00856473008544	 <b>Per Unit Weight</b> 4 oz / 113 g	 <b>Measurements</b> ≈ 6.5 in x 4.5 in
 <b>Count Per Case</b> 32	 <b>Pallet Tier</b> 6	 <b>Pallet High</b> 7	 <b>Pallet Count</b> 42
 <b>Case Dimensions (In)</b> 19 x 14 x 9.5	 <b>Case Weights</b> Gross: 8.07 Lbs Net: 7.97 Lbs	 <b>Freezer Life</b> 6 months	 <b>Ambient Shelf Life</b> 3 weeks



INSTRUCTIONS: THAW AND SERVE

**INGREDIENTS:**

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, SHORTENING (INTERESTERIFIED SOY BEAN OIL), CONTAINS 2% OR LESS OF: CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO- AND DIGLYCERIDES, DEXTROSE, WHEAT STARCHES, SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE, VITAMINE C, CITRIC ACID, POTATO FLOUR, SALT, SUGAR, YEAST, DRY MILK

**CONTAINS:**

WHEAT, MILK

Mexican Bakery of Tulsa, Inc.  
DBA Pancho Anaya Bakery  
212 S. Garnett Rd., Tulsa, OK 74128  
www.panchoanayabakery.com  
sales@panchoanaya.com



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# TELERA BREAD

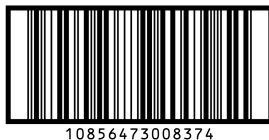
ITEM # 8001

TRADITIONAL MEXICAN BREAD TYPICALLY USED FOR TORTAS  
(MEXICAN SANDWICHES)

<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving size</b>	<b>150 g (5.3 oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>360</b>
% Daily Value *	
<b>Total Fat</b> 5g	<b>7%</b>
Saturated Fat 2g	<b>11%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>
<b>Total Carbohydrate</b> 66g	<b>24%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 4g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 4.3mg	<b>25%</b>
Potassium 130mg	<b>2%</b>
Folate 240mcg DFE (115mcg Folic Acid)	<b>60%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



 <b>UPC</b> 856473008377	 <b>GTIN</b> 10856473008374	 <b>Per Unit Weight</b> 150 g	 <b>Measurements</b> ≈ 7.5 in x 5 in
 <b>Count Per Case</b> 24	 <b>Pallet Tier</b> 6	 <b>Pallet High</b> 7	 <b>Pallet Count</b> 42
 <b>Case Dimensions (In)</b> 19 x 14 x 9.5	 <b>Case Weights</b> Gross: 8.04 Lbs Net: 7.93 Lbs	 <b>Freezer Life</b> 6 months	 <b>Ambient Shelf Life</b> 3 weeks



INSTRUCTIONS: THAW AND SERVE

**INGREDIENTS:**

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, SHORTENING (INTERESTERIFIED SOY BEAN OIL), CONTAINS 2% OR LESS OF: CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO- AND DIGLYCERIDES, DEXTROSE, WHEAT STARCHES, SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE, VITAMINE C, CITRIC ACID, POTATO FLOUR, SALT, SUGAR, YEAST, DRY MILK

**CONTAINS:**

WHEAT, MILK

Mexican Bakery of Tulsa, Inc.  
DBA Pancho Anaya Bakery  
212 S. Garnett Rd., Tulsa, OK 74128  
www.panchoanayabakery.com  
sales@panchoanaya.com



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




Product Specifications

# PROOF & BAKE WHITE SUB ROLL

ITEM #8002

GOURMET WHITE SUB ROLL TYPICALLY USED  
FOR SANDWICHES



 <b>UPC</b> <b>856473008483</b>	 <b>GTIN</b> <b>10856473008480</b>	 <b>Per Unit Weight</b> <b>6.5 Ounces</b>	 <b>Unit Length</b> <b>8 Inches</b>
 <b>Count Per Case</b> <b>48</b>	 <b>Pallet Tier</b> <b>8</b>	 <b>Pallet High</b> <b>10</b>	 <b>Pallet Count</b> <b>80</b>
 <b>Case Dimensions (in)</b> <b>17 x 13 x 3.75</b>	 <b>Case Weights</b> <b>Gross: 20.38 Lbs</b> <b>Net: 19.5 Lbs</b>	 <b>Storage Temperature (°F)</b> <b>Below 0</b>	 <b>Freezer Life</b> <b>5 months</b>



INSTRUCTIONS: THAW 30 MINUTES AND STRETCH TO DESIRED LENGTH. THEN PROOF FOR 90 - 120 MINUTES DEPENDING ON PROOFER. BAKE AT 360°F FOR APPROXIMATELY 16 MINUTES.

**INGREDIENTS:**

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, SHORTENING (INTERESTERIFIED SOY BEAN OIL), CONTAINS 2% OR LESS OF: CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO- AND DIGLYCERIDES, DEXTROSE, WHEAT STARCHES, SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE, VITAMINE C, CITRIC ACID, POTATO FLOUR, SALT, SUGAR, YEAST

CONTAINS: WHEAT

**Mexican Bakery of Tulsa, Inc.**  
 DBA Pancho Anaya Bakery  
 212 S. Garnett Rd., Tulsa, OK 74128  
 www.panchoanayabakery.com  
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




Product Specifications

# PROOF & BAKE WHOLE WHEAT SUB ROLL

ITEM #8003

GOURMET WHITE SUB ROLL TYPICALLY USED  
FOR SANDWICHES



 <b>UPC</b> <b>856473008490</b>	 <b>GTIN</b> <b>10856473008497</b>	 <b>Per Unit Weight</b> <b>6.5 Ounces</b>	 <b>Unit Length</b> <b>8 Inches</b>
 <b>Count Per Case</b> <b>48</b>	 <b>Pallet Tier</b> <b>8</b>	 <b>Pallet High</b> <b>10</b>	 <b>Pallet Count</b> <b>80</b>
 <b>Case Dimensions (in)</b> <b>17 x 13 x 3.75</b>	 <b>Case Weights</b> <b>Gross: 20.38 Lbs</b> <b>Net: 19.5 Lbs</b>	 <b>Storage Temperature (°F)</b> <b>Below 0</b>	 <b>Freezer Life</b> <b>5 months</b>



INSTRUCTIONS: THAW 30 MINUTES AND STRETCH TO DESIRED LENGTH. THEN PROOF FOR 90 - 120 MINUTES DEPENDING ON PROOFER. BAKE AT 360°F FOR APPROXIMATELY 16 MINUTES.

**INGREDIENTS:**

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, WHOLE WHEAT FLOUR, WATER, SHORTENING (INTERESTERIFIED SOY BEAN OIL), CONTAINS 2% OR LESS OF: CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO- AND DIGLYCERIDES, DEXTROSE, WHEAT STARCHES, SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE, VITAMINE C, CITRIC ACID, POTATO FLOUR, SALT, SUGAR, YEAST

CONTAINS: WHEAT

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